



Timing it Right

Stroke Family Support Program

Official RCT Newsletter Issue 4, April 2012 Spring Edition

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Grant Updates

We are applying for an Ontario Stroke Network grant for 2012-2014, to fund a patient sub-study for the Timing it Right RCT. This new mixed methodology study will determine how caregiver support contributes to stroke survivor community re-integration. If funded, this sub-study will begin in June 2012 at our Ontario sites. We have also applied for an extension of our Heart and Stroke grants until June 2013, to continue to use our existing funds to reach our enrolment target of 300 caregivers.

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Caregivers Enrolled

Qualitative Interviews Underway

We have conducted our Qualitative Interview Training with research assistants at 6 of our sites, and interviews are under way! Our goal is to interview 6 caregivers for each research site, 2 from each arm of the intervention (full stroke support staff, self-directed intervention, standard care). Qualitative interview training with our remaining 5 sites will be scheduled for early fall.

Tip of the Hat

Hats off to our research site in Charlottetown, Prince Edward Island. **Audrey Fraser** has been doing an excellent job enrolling, with 19 caregivers in the study to date. **Rita MacDonald** has been providing excellent support to caregivers as the stroke support person. **Carolyn MacPhail**, the site investigator, will be presenting their progress at the Heart and Stroke "Best Practice in Stroke Care" conference, happening in PEI on April 20th.

Friendly Reminder

Revised Follow-up Surveys Approved!
Our revised follow up surveys have been approved by all site REBs. Please begin to use these surveys (dated 20Sep2011) immediately, and be sure to enter the data into EmPower.

Enrollment Update

Site	Enrolment Dec 2011	Enrolment March 2012	Increase since Dec 2011
Toronto	57	63	6
Ottawa	42	48	6
Halifax & SSD	19	20	1
Calgary	26	29	3
Pembroke	15	18	3
Thunder Bay	18	20	2
Oshawa	8	14	6
Kingston	1	2	1
PEI	5	19	14
Cape Breton	0	2	2
Barrie	2	6	4
All Sites	193	241	48



Photo: (from left to right) Rita, Audrey, Carolyn.

Keep up the great work and let's hit our target enrollment! If we can be of assistance please don't hesitate to contact us:

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* Note: these numbers include all participants marked as "eligible, consenting" on the screening form in EmPower, and include withdrawn participants.